

Examination Board

AQA

Specific Course Requirements

Students must have at least Grade 'B' or above in Double Science at GCSE. PE GCSE is desirable and should be a Grade 'B' or above.

Course Content

'A' Level

This course is largely theory based.

1. Applied anatomy and physiology
2. Skill acquisition
3. Sport and society
4. Biomechanical movement
5. Sport psychology
6. Sport and society and the role of technology in physical activity and sport.

Paper 1: Factors affecting participation in physical activity and sport.

What is assessed?

Section A – Applied anatomy and physiology (35 marks).

Section B –Skill acquisition (35 marks).

Section C –Sport and society (35 marks).

How it is assessed

Written exam: 2 hours

Total: 105 marks

35% of 'A' Level

Paper 2: Factors affecting optimal performance in physical activity and sport.

What is assessed?

Section A –Exercise physiology and biomechanics (35 marks)

Section B –Sports psychology (35 marks)

Section C – Sport and society and technology in sport (35 marks)

How it is assessed

Written exam: 2 hours

Total: 105 marks

35% of 'A' Level

Practical performance in physical activity and sport

What is assessed?

Students are assessed as a player/performer or coach in the full sided version of one activity

15% of non-exam assessment plus

Written/verbal analysis and evaluation of performance

15% of non-exam assessment

How it is assessed

Internal assessment, external moderation

Total: 90 marks

30% of 'A' Level

What could I do with a qualification in this subject?

GCSE PE is a very popular subject in Key Stage 4 and this course provides students the opportunity to study the subject in more depth. Due to the flexibility of the course, it is not essential to be an outstanding athlete but a good Science background is vital. For those students wishing to pursue a career in this field, this course can form the basis of many Higher Education courses such as Sport Science, Sport Physiotherapy and Leisure and Recreation Management. Sport and Leisure is a fast growing industry, offering many diverse career opportunities.

The most commonly asked questions about this course are:**Do I have to be great at sport?**

It obviously helps to be good at performing, but you can also be assessed in coaching a sport or activity.

How many teachers will I have for PE?

You will have three teachers. One for each section; Psychology, Anatomy & Physiology and Historical and social aspects.

Sixth Form			
YG	Autumn Term	Spring Term	Summer Term
Y12	<p>A Level PE follows the AQA specification. More details on the course can be found at www.aqa.org.uk</p> <p>'A' Level PE students have usually studied GCSE PE for two years and have shown success in their final grades. Students study three theory elements; Applied Anatomy and Physiology, Skill Acquisition & Sports Psychology and Sport, Society and Technology. Each unit is studied throughout the year with three dedicated teachers concentrating on each specialised unit. In addition, students must be assessed in practical performance in one specialised sport where they may perform or coach. One dedicated practical lesson per fortnight concentrates on evidence gathering.</p>		
Y13	<p>'A' Level PE follows the AQA specification. More details on the course can be found at www.aqa.org.uk</p> <p>'A' Level PE students have usually studied GCSE PE for two years and have shown success in their final grades. Students study three theory elements; Applied Anatomy and Physiology, Skill Acquisition & Sports Psychology and Sport, Society and Technology. Each unit is studied throughout the year with three dedicated teachers concentrating on each specialised unit. In addition, students must be assessed in practical performance in one specialised sport where they may perform or</p>		

	<p>coach. Finally, a coursework piece must be created based on identifying weaknesses, how to improve them and analysis of elite level models in the students' own performances. One dedicated coursework lesson per fortnight allows all three teachers to guide the students through this extensive piece of work.</p>		
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