

# Week 4 Menu

Weekly menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal £1.80	Roasted Vegetable Pasta Bake	Homemade Fish Cake Served with Tartare Sauce	Cheese & Tomato Pizza	Chilli Sin Carne	Vegetarian Schnitzel with Gravy
Alternative Meal £1.80	Ratatouille Stew with Chickpea & Butternut Squash	Fettuccini Napoletana (pasta Fettuccini with tomato sauce)	Mushroom Stroganoff	Potato, Lentil & Fennel Bake	Mushroom & Lentil Risotto
Speciality Salad From £1.90	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go
Accompaniment 50p / 70p	Plain Pasta Steamed wheat Cauliflower Florets Garden Peas	New Potatoes Plain Pasta Green Beans Sauté Courgettes	Steamed Rice Peas & Sweet corn Sliced Carrot Mixed Salad	Steamed Rice Braised Cabbage Diced Swede	Boiled Potatoes Vegetable Medley Green Salad Chipped Potatoes
Dessert of the Day 90p	Apple & Peach Pie with Custard Sauce	Layered Vanilla & Chocolate Cake with Chocolate Sauce	Iced Banana Sponge with custard sauce	Eves Pudding with Custard Sauce	Homemade Cookies & Custard
Spud Corner £1.90	Filled Jacket Potato served with Side Salad	Filled Jacket Potato Served with Side Salad	Filled Jacket Potato served with Side Salad	Filled Jacket Potato served with Side Salad	Filled Jacket Potato served with Side Salad

