

A way to keep yourself working effectively



## POMODORO TECHNIQUE

- A well used strategy for productivity
- Widely used in the work place
- Also widely used in schools/universities as a strategy for effective study time



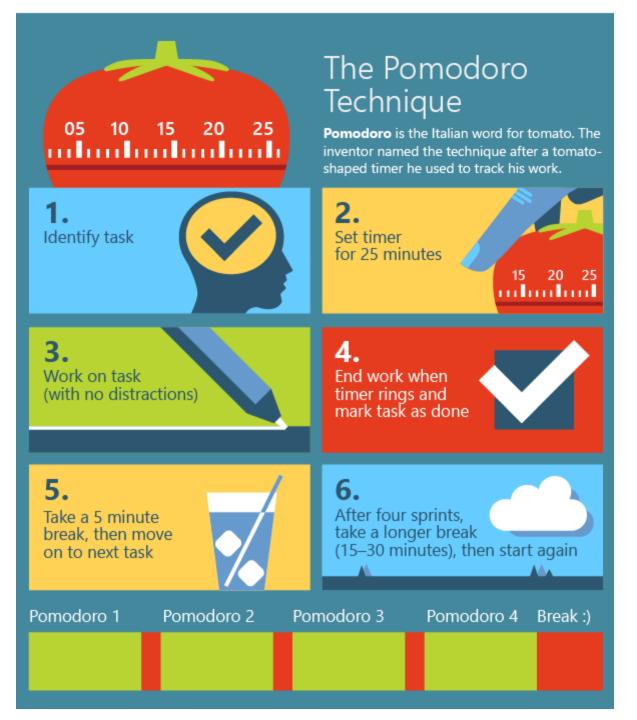


## WHAT IS IT?

<u>https://www.youtube.com/watch?v=mNBmG24djoY</u>



## HOW DO I DO IT?





## HOW CAN I APPLY THIS TO MY REVISION

- Spend 10 minutes making a list of:
- What you need to re visit that you have revised recently.
- What you need to focus on revising from scratch.
- Split these into chunks e.g English, History revisit these. Maths alegbr revise this!
- Use your 25 minutes to do things like:
- Create Cornell Notes on one of the subjects
- Review previous revision using your flashcards
- Review previous revision using your Cornell Notes by reading your questions on the left and checking your understanding.
- Do some Self Explanation/Feynman Method.

