

# JFS Journal

JFS School

Issue 7 - Summer Holidays 2021

June 2021

## From the Editor's Desk...

British summer in all its glory is with us! I hope like me you are looking forward to the Wimbledon fortnight, and strawberries and cream! With the season on our minds, our journalists have decided to discuss the coming summer holidays, and what they may bring.

For those of you who are about to fly the JFS nest we bid you adieu and wish you well on the next stage of your journey. As always thank you for reading the paper.

*Ms Wolfson*



## Destination Holiday

People can be categorised into two groups: male-or-female, pessimist-or-optimist, change versus no change, and more specifically, new holiday destinations versus revisiting the same place.

Soon the academic school year of 2020/2021 will be over and many, hopefully, will be going away for a well-deserved, and much needed, escape from the boring teachers or pesky students. But do you think it is better to go to the same place every year (such as a resort, a family home, apartment, villa or cottage in a different city/country) or to visit new places?

For some, a break means adventure, a chance to go off the rails, explore new cities and learn about new cultures. While for others a break means going somewhere that you have been to many a time and know your way around, know what you can do and feel safe and relaxed.

Going somewhere new is always a thrill but it is not all positive. Yes, you get to go to a new country, see and try new things, meet new people, experience new opportunities

but on the downside, you also need to be careful of your surroundings, research the area and plan each day and its activities. There also is the possibility of getting lost, a risk more common when not speaking the language.

Personally, from the age of five, my family went to the same place a couple of times a year until last year. It was personally one of my favourite places for very simple reasons like it was familiar and I knew my way around. My favourite restaurant was within a 10-minute drive and it is a very quiet and rural area so I spent time with family.

Overall, going somewhere new can be a real adventure and thoroughly exciting. It can, however, also be stressful. On the other hand, going somewhere you have been to or go to regularly can be just as fun but could possibly be tedious. I think that you should interchange between going to the same place and visiting new places. What do you think?

**Tami Potishman, Y9**



# Ones to Watch: European Championships 2020

## 10. Alessandro Bastoni (Italy)

Although Italy shockingly missed out qualifying for the 2018 World Cup, it allowed them to refresh the ageing squad, and replace retiring players with new, young and creative players who have been impressive in the Serie A.



Bastoni of Inter Milan is only 22 years old and has led his team to the league title this season, with over 30 appearances. Other young talents that

pose a threat include teammates Nico Barella and midfielder, Sandro Tonali. But, Bastoni will be vital to the Azzuri as he looks to challenge experienced veterans Giorgio Chiellini and Leonardo Bonucci to their spots.

### SPECIAL FEATURE:

#### Fabrice Muamba's Pick

## 9. Jude Bellingham (England)

I spoke to a former professional footballer for Bolton, Birmingham



City and Arsenal and now turned Twitch streamer, Fabrice Muamba, and asked for his choice of the one to watch for in the upcoming Euros. His answer was short but well-backed up. The name that is on the tip of everyone's tongue when asked to name their ideal English midfielder is, Jude Bellingham. The Borussia Dortmund midfielder made his

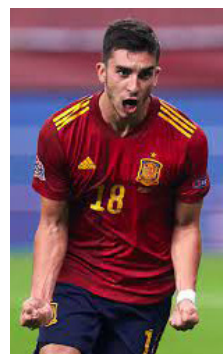
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breakthrough early this year and is one of the most talked-about world prospects on this list. The reason he is so high up is that England has so much talent in that field such as, Mason Mount and Jack Grealish,

that it is doubtful whether he'll start games regularly. Fabrice said that Jude has what it takes to become one of the best creative midfielders in world football, and an example of this is his recent performance against Manchester City in the Champions League. His responsiveness and decisive reaction times are what make him the player that has the potential to be the world's best.

## 8. Ferran Torres (Spain)

Ferran made a slow start to his career at Manchester City arriving from Valencia last summer, but has only recently started to impress both for club and country, after being given



his chance to breakthrough. With La Furia Roja lacking any depth on the right-hand side, it seems like Torres could be heavily involved and handed a starting place in the side. His

technical ability to pass and dribble with the ball has made Ferran one of the best players in Man City's title campaign this season.

## 7. Dominik Szoboszlai (Hungary)

At only 20 years old, Dominik Szoboszlai is quickly becoming another young popular product of



Red Bull's academy. Having switched Austria for Germany this January, the Hungarian has found himself playing in all attacking positions for Austria and RB Leipzig, becoming the 'talisman' of both clubs. Having been placed in the Group of Death containing reigning winners France, second-favourites Portugal, and Germany, Szoboszlai is going to have to work incredibly hard to get out of the group. But, with the talent that the winger holds, who knows how far Austria will go this summer.

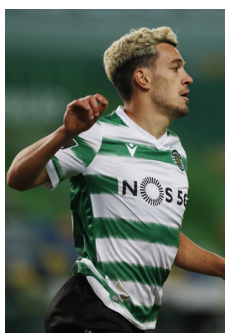
## 6. Jules Kounde (Sevilla)

Arguably one of the best centre-backs in the La Liga this season, at 22 years old Kounde's small figure but incredible physicality means, that even some of the world's best strikers, such as Lionel Messi and compatriot Karim Benzema, have had trouble getting past him. Jules' introduction to Les Blues was only recent, but with experienced defenders such as Raphael Varane and Presnel Kimpembe as mentors, the reigning World Cup champions have considerably the most feared defence in the Euros.



## 5. Pedro Goncalves (Portugal)

Likened to Manchester United talisman, and now new teammate Bruno Fernandes, Pedro Goncalves has had a stellar season for Sporting Lisbon in their quest for the Primeira Liga title in Portugal. In 32 appearances, 23 goals have come from the Portuguese winger, who has played all over the pitch whether in defensive midfield or upfront. With many options going forward in the Portuguese side including Bruno, Diogo Jota, Francisco



Trincao. It will be exciting to see who is named and who is started in the possible favourites for this tournament's side.

## 4. Ryan Gravenberch (Netherlands)

With vital players like Virgil Van Dijk missing out on the tournament, due to injury, the opposition will be focusing on attacking the flaws that the Netherlands have. Partnered with Ajax, graduates Frenkie De Jong and Matthijs De Ligt, Ryan Gravenberch is one of the new sensations that has come out of the Amsterdam academy. Likened to



Liverpool midfielder Georginio Wijnaldum, Ryan's tall and prominent figure has carried Ajax defensively to yet another Eredivisie league title. It is not sure whether the 19-year-old will start, facing heavy contention from a range of different midfielders but it is exciting to see how far such a young and innovative Dutch side can go.

## 3. Alexandar Isak (Sweden)

The retirement from international football for legend Zlatan Ibrahimovic (although hints of a possible return have not been confirmed or denied), made football fans think that Sweden had no possible replacements to thrive off, and do as well as they have done in the past fifteen years. Well, you would be pleasantly surprised. Young players like Juventus' Dejan Kulusevski, and Real Sociedad's Alexander Isak have shown



promising signs for the Blågult. With a total of 16 goals in 30 matches in the La Liga, Isak has been one of the most clinical strikers this season and at only 21 has the potential to be a world-class player in the time to come.

## 2. Ansu Fati (Spain)

Barcelona has an influx of new wingers either from transfers, or the world-famous La Masia academy. Dembele, Griezmann, Trincao, Messi and Fati-the list goes on. However, at the start of the season, it was Ansu Fati that stood out from all the rest. In only seven matches this season, Ansu put away four goals. Unfortunately, a long-term injury in November means that the 18-year-old has not fully recovered, and could miss the Euros. If picked for the Euros, then a lack of game experience could be a cosmic doubt for La Furia Roja.



## 1. Phil Foden (England)

Known to the fans as the Stockport Iniesta, Foden has been the most discussed player post-World Cup. The 20-year-old now receives regular game time from Manchester City after impressing one of the world's best, and



accomplished managers, Pep Guardiola. Phil isn't a popular name on the scoresheet, but his vision, dribbling and passing make him the player

that fans across the country make him out to be. His recent solo goal for City in their 3-2 loss is exactly why he is number 1 on this list. Foden picked up the loose ball just behind the halfway line, slalomed past two defenders before shielding off the final defender to the edge of the box. The midfielder then calmly looked up and slid the ball into the bottom corner. It is a prime example of why the English starlet is the player to look out for.

By Aaron Jaffe Y10

# History Of The Olympic Games



## *“Citius, Altius, Fortius”*

You may be wondering what this phrase means, where it originates from, and what it has to do with the

“  
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Olympics. But it is in fact the motto of the Olympic Games. It was adopted in 1894, and has been used ever since. It translates from Latin to “Faster, Higher, Stronger”. Another recognisable symbol of the Olympic Games is the flag, it depicts five interlocking rings, each of a different colour, on a white background. The symbol of the five rings, (blue, black, yellow, red and green) created more than a century ago, has almost the same significance today. They symbolise the union of the five continents and the meeting of athletes united by Olympism. The six colours of the flag (the colours of the rings and white) appear on all national flags of the world. Olympism reflects the philosophy of the Olympic Games, which are excellence, friendship and respect.

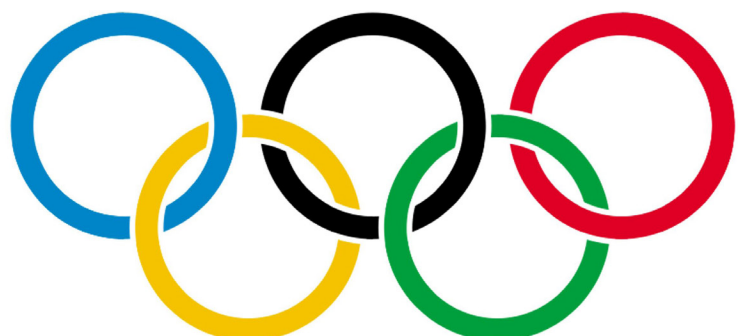
The Olympic Games originated in ancient Greece approximately 3,000

years ago and took their name from the Ancient Greek city of Olympia. They were considered the most important and prestigious of athletic competitions held in Greece at the time. They were held every four years during either August or September. Originally, in about 776 BCE the Olympic Games only featured one event, which was a race about 192 metres (or 210 yards). By 728 BCE two additional events (400 and 1,500 metre races) had been added. The Olympics developed to include Wrestling, Boxing, and the Pentathlon, as well as special events for soldiers and heralds. These were fitted into a single day, until about 472 BCE, when the events were spread over a period of four to five days. The only official prize was a wreath yet successful athletes were supported by the governments of the cities and devoted much of their time to training. Most of the competitors were professionals in their sport.

After the Roman conquest of Greece in the 2nd Century BCE, the Olympic Games declined in popularity and importance. The games survived until 393 AD, when the Roman Emperor Theodosius I ordered their abolition. He made all pagan festivals illegal across the empire, including the Olympic Games.

The revival of the Olympic Games was an idea that came with the Greek War of Independence (1829). But, only in 1892 was the idea publicly raised, by 29-year-old French aristocrat, Baron Pierre de Coubertin. He was successful in starting the Olympics again, and the first Olympic Games of the modern era was inaugurated by George II (King of Greece) in the first week of April 1896.

By Eliana Ben-Menachem Y9



# Summer Camp



Eight, seven, six, five...the days tick down to summer. One by one. A parent's nightmare in the making. School is out for the year, and apart from the odd cinema visit or plans with a friend, a whole two months loom upon them. But then there is always Summer Camp!

Two whole months of fun, laughter and so much more. From water sports

program for children or teenagers conducted during the summer months in some countries. The form of it varies, with day camps in a lot of European countries and overnight most popular in the USA. However, there is one fundamental thing that links all of these camps –excitement! The big yellow school buses (in the USA) pull up with hundreds of children whose parents want to get rid of

From football to tennis to dodgeball to high ropes. For two months of the year fun is at your fingertips you may never want to stop, but around 12:30 p.m. it's time for lunch. The food may be average, however nothing will beat the lunchtime chants random songs with random words, kids from all over the place are having the time of their lives belting their heart out. The same process repeats itself, and I wouldn't change it for the world!

“  
**The same process repeats itself, and I wouldn't change it for the world!**”

Next up we have the colour war consisting of two days of fun, fun, fun! With the whole camp split into two, you fight for your livelihood with colours all around and everyone getting messy. You need to do your best in order to make your team win. With the competitiveness rising, new friends are made, new people are crowned winners and new songs are produced.

But in the end you're going have to go home, your summer of a lifetime will be over and back to school until next year!

**Sam Field Y10**

to colour war, this is the place where you want to be. At last there is a fun way that allows parents to have a respite from their children. With sleeping, Breakfast, Lunch, Dinner and activities sorted, all the parents need to do is one thing - relax and enjoy!

You may be asking yourself, what is Summer Camp? Well, Summer Camp or Sleepaway Camp is a supervised

them, eager to have fun. Then, the fun awaits.

I may have scratched the surface but what does 'Summer Camp' actually consist of? Well, you wake up early, around 7.00 – 8.00 a.m., have a spot of breakfast, usually something simple like toast, eggs or cereal. Then, the fun starts, with everyone fully woken up by now it's time to get to the activities!

# Summer Tech: What's Big?



Every year, some sort of huge technical innovation is announced or released. 2020 had the PS5 and other largely hyped consoles, but what could 2021 have in store for us, from the highs of Elon Musk's 'Starship', to the expected iPhone upgrade? In this article, I will be going over what I think we may be in for.

## ***iPhone 13***

There is nothing to debate about when a new Apple product is released, there is always a rush to get it before they run out. Even so, if you visit the official Apple stores, they have extremely large stock available, so they won't run out for at least a few days. Currently, there is no confirmed date for the new phone, however there are some that I will elaborate on here.

Starting with 5G, 5G is the most modern generation of connection, and connection speed, with its most recent ancestor being 4G. The iPhone 12 had built-in 4G, making the 13th instalment faster than any other before.

Next up, it is rumoured that the camera will be of a much higher quality, allowing users to take even better photos and videos than ever before. The high-end iPhone model will get an upgraded ultra-wide camera with a six-element lens and an improved f/1.8 aperture that will let in more light than the current f/2.4 aperture lens, allowing for better performance in low-light conditions. Improved autofocus is also expected.

A notable feature of the Apple products is how extremely thin the modern models tend to be, and because of this, quite wide. The supposedly 6.7-inch (approximately 17cm) display on the new iPhone is an all-time high for Apple, although the thickness is still unknown.

## ***Starship - Elon Musk's Mars Coloniser***

There's no doubt Elon Musk is one of the world's most eccentric billionaires. His different businesses range from cars, brain implants (yes! you heard that right) to space travel. One of his most famous endeavours is to attempt to colonise planet Mars, using his 'Starship' as a mode of transport. 'Starship' is one of the heaviest and largest rockets ever designed. It is a 2-Stage to orbit, with its first stage named 'Heavy', the second stage is simply known as the 'Starship'. It is supposed to supply enough living space for over 100 people, on the 6-month trip to Mars and sustain them there. It is 50 metres long and 9 metres in diameter. It is the leading vehicle to get humans to Mars, far ahead of even NASA. Elon has even said 'Starship' could transport people from place to place on Earth, in record speeds incomparable to those of commercial airlines. It is also theorized that it could partake in Lunar travel, which could be made commercial. Other than that, not much is known about 'Starship' as it is still in quite an early developmental stage.



“...possibly  
completely  
eradicating  
viruses  
like the  
flu, or the  
common  
cold.”

### ***C.R.I.S.P.R - The Medicine of the Future***

Human beings have been searching for a cure for the likes of Cancer and other terrible diseases, but what if there was a way to get rid of them all using the same technology?

C.R.I.S.P.R, short for Clustered Regularly Interspaced Short Palindromic Repeats, was until now, a theorised medical process that could rewrite our DNA to make us invulnerable to viruses and disease. However, recent breakthroughs have shown that it may be more than possible, in the near future. Approximately 15 years is the estimated time, although it may be longer or shorter. The new breakthrough is an example of Moore's Law, that anything invented will be made twice as efficient or useful every two years, and in the C.R.I.S.P.R example, two years ago we may have had amazing breakthroughs in medicine, and now we have a way to no longer need medicine. This also means that pandemics such as the COVID-19 outbreak, can be solved far quicker, minimizing the number of deaths to a fraction of a percentage in future. It would also be able to stop other infections, possibly completely eradicating viruses like the flu, or the common cold. Some theorise it could even be used to help cure Cancer, which is a likely possibility due to the DNA altering nature of C.R.I.S.P.R. Although the current prices



manufacturing even a prototype today is extortionate, in the future, it is believed it will become more accessible, similar to electric cars or any other world-changing invention.

**By Milo Spalter Y7**

# Social Media V Reality

As we get ready to revise for the end of year exams and/or GCSEs, we start to wonder what this summer is going to be like for us. Social media creates these ideas in our head about what summer should be like.

A blue ocean view and a sunset are what Instagram influencers post in summer, making us feel like we should be doing the same thing. Coming out of lockdown, the majority of people are ready to go out, maybe leave the country and have fun, but we cannot let ourselves set major expectations for the summer.

In one blink of an eye everything can change, and that is what Covid has taught the younger generation the most. Setting expectations in our head of what grades we will receive in our exams, what holidays we will be going on and what people we will be seeing, potentially sets us up for disappointment. We, as humans, need to be more open to the idea of being okay with not receiving what we expected because this forces us to push ourselves as well as develop our mind-set for the summer.

Layla Freedman Y10

“We, as humans, need to be more open to the idea of being okay with not receiving what we expected because this forces us to push ourselves as well as develop our mind-set for the summer.”

## How to Manage Your Expectations

Ask yourself what you're expecting from a situation.



Look for the positives in what you already have.



Remind yourself that social media posts aren't always realistic.



verywell

Don't beat yourself up for feeling disappointed.



# No more working for a week or two

The long summer holidays were originally intended to allow students to help their parents with the harvest. For most of us, though, reaping and picking fruit is low down on our bucket list. The long break, which is generally the same throughout England (although paradoxically it is longest for the most expensive private schools) has other unintended consequences.

Firstly, prices of domestic and foreign family holidays increase dramatically as this business has a short window in which to make their money. This encourages parents to take their children out of school for an unauthorised trip, as even with a local authority fine the costs would likely be lower.

Secondly, many students find themselves at a loose end a week into the summer holidays after beating their favourite video game. It is often not practical for parents to take lengthy breaks, so the children end up stuck at home. 50 years ago, 10 year olds might have been allowed to roam freely outside until being called back for dinner, but this 'Famous Five' lifestyle is no longer realistic.

Thirdly, it seems that instead of being refreshed by the break, students forget a lot of what they revised for the end of year exams, and often struggle to get back into routine. This increases pressure on teachers, who often need to repeat much of the previous year's material. Also, by the end of the 15-week Autumn term, students and teachers are often too exhausted to manage any effective learning.

Some schools have responded to this by introducing five or even seven - term academic years. Supporters of this system claim that six to eight-



week terms allow students to focus, and the two-week holiday is enough to allow the students a break without being bored or losing track of what they have learnt. The off-peak breaks allow their families to take cheaper holidays, assuming of course that all the children in the family have the same timetable. But one of the perks of being a teacher is the long summer

holidays, and they would likely be reluctant to give this up. Also, if A Levels were sat later in June and July it would be difficult for schools to mark them in time for universities to make their offers.

Another possible solution to the holiday prices problem is the French and German model, under which each region sets holidays for different times. This means that the peak period stretches for some 13 weeks rather than six, leading to less pressure on prices. But this is also a problem for families who have children in one or more region, or if they want to get together with relatives living elsewhere.

Although not necessarily logical, I think that the long summer break is here to stay, as although one wouldn't have started from this point, given where we are there will always be sufficient objections to make it difficult to implement any change.

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By Joshua Reuben Y10