

PHSE and RSE End of Term 1 Report

Dear parents / Carers

I write to you with a report about what we have done and what we are doing. I very much want to work in partnership with students, staff and parents and this is part of that priority.

For Years 7-11 we have introduced the [Jigsaw PHSE and RSE Programme](#). This programme covers all statutory requirements and more. It is a spiral curriculum that builds on knowledge every year. Each lesson has mindfulness practice incorporated and there are six units in a year. Due to how we have organised this year we are coming to the end of *Being Me in My World* and *Healthy Me*. The RSE units are largely taught by English and PE colleagues and the wider PHSE units by our Jewish Studies colleagues. This was our best option for year one as we had to work with timetable constraints. Next year we may change this depending on feedback from students and staff – we want to get to a point where we have created PHSE and RSE experts delivering content.

We have performed an internal learning walk, Ofsted came to visit four lessons and Brent and our link governor have also been on a learning walk. We also have a student working party to help us shape the curriculum and prioritise student voice. To complement this programme, we also use outside groups to come in to talk to students. These include: Streetwise; Keshet, JWA, Jonny Benjamin and the Amy Winehouse Foundation, to name a few.

Feedback has been very positive from students and staff alike. The priority now is to embed the curriculum and ensure high quality delivery across the school.

The Sixth Form have had a different programme following the PHSE Association framework. There are three termly units: *Relationships; The wider world; Health and Wellbeing*. We had to change the programme from October to prioritise the relationships unit. This means we have focussed in particular on: *consent, sending sexual images, harmful relationships*. We are also showing the BBC documentary by Zara McDermott – uncovering rape culture. I would suggest you watch it to promote discussions at home. The Upper Sixth have also had UCAS preparation.

We have created a working party to help include student voice and priorities and to shape the curriculum. It is not perfect but we, together, are moving in the right direction.

The school has been fortunate enough to be sponsored to be a member of *Becoming X*. This is a PHSE programme that aims to encourage students to be the very best they can be. It does not cover RSE. It is a very professional set of lessons and presentations looking at core skills. We are rolling this out in the Sixth Form from January and delivering RSE content through assemblies and drop down days/afternoons. We hope that this will be an exciting opportunity. Please see <https://www.becomingx.com/>

In terms of student voice, we have created two groups – one specifically to look at the PHSE and RSE curriculum and help shape the programme and one that looks at wider issues/priorities and concerns: LGBTQAI+ priorities, tackling toxic masculinity and rape culture, student voice, girls/women's voice and any other priorities as they come up. We also have the Student Council, focus groups and surveys. We will be increasing opportunities for student voice too.

Finally, in terms of parental communication, a rather rushed consultation took place at the beginning of term before we started our programmes. I will be running consultation opportunities at the end of each term to encourage parental dialogue and support. I have already had one

informal meeting and a key action was *improving communication*. This report is part of improving communication. In addition, **I propose a second consultation next Thursday 16th December at 5pm**. This is to discuss with me any points, or to clarify anything about the programmes we are running. Please let me know via the email below if you are interested in attending (via Teams is easiest for most people I imagine).

As always I am available if you have questions, wish to discuss points, or generally wish to tell me what a wonderful job I am doing!

Best wishes

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