

Spring Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Soup Station	Vegetable Soup	Leek & Potato Soup	lentil Soup	Carrot & Tomato Soup	
Hot and Hearty and Something Veggie	Vegie Sausage Jollof Rice -o0o- Mixed Bean & Squash Casserole	Baked Fillet of Salmon -o0o- Egg Noodle Stir Fry	Vegie Meatballs in Rich Tomato Sauce -o0o- Cauliflower & Lentil Bake	Vegetarian Burger In a Bun -o0o- Mock Beef & Roasted Vegetable Kebab with Gravy	-o0o-
Seasonal Vegetables	Steamed Wheat Garden Peas Cauliflower Florets Mixed Salad	New Potatoes Sauté Courgette Sliced Carrots Tossed Salad	Pasta Tagliatelle Buttered Potatoes Green Beans Sliced Carrots	Steamed Cous Cous Green Salad Chipped Potatoes	
Pasta/Jackets	Jacket Potatoes, plain rice and plain pasta with various fillings on offer everyday				
Salad Bar	Daily selection of Freshly made Salads				
Something Sweet	Apple & Cinnamon Crumble with Custard	Marbled Chocolate Cake with Chocolate Sauce	Iced Banana Cake with Custard Sauce	Chocolate Chip Cookie	
Meal Deal	MEAL DEAL - consist of either of the main course with potatoes NOT CHIPS (if pasta is not part of the dish) vegetables, a piece of fruit or soup or jelly or dessert of the day. GLUTEN FREE OPTION AVAILABLE				

MENU IS SUBJECT TO CHANGE

